PROGRAM FOR PSYCHOSOCIAL INTERVENTION TO TEENAGERS
Cultural and psychosocial approaches

 operational principles - field of intervention

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The program for psychosocial intervention to teenagers includes:

1. **Day Center supported by a Mobile Unit** - (Located in Ag. Dimitrios) (80-100 cases)
2. **Transitional Shelter for boys (10 beds)** - (Located in Alimos)
3. **Transitional Shelter for girls (10 beds)** - (Located in Alimos)

Mental Health Units under the supervision of the Ministry of Health (AP.11 N2716/1999)
Core Principles

1. Creation of a concrete, safe, child and youth-friendly environment

2. Teenagers and family inclusion in the decision-making process through mutual design of a tailor-made Plan for Psychosocial Intervention (PPSI)

3. Interdisciplinary Collaboration aiming to develop an Holistic Care Approach

4. Develop Community-Based Care fostering social (educational, cultural) integration as an alternative to institutionalisation
Target group

Teenagers (12-18 yo), who face the peril of social exclusion and institutionalisation due to:

- Family neglect or abuse
- Poverty and lack of sufficient resources
- Delinquent habits
- Homelessness
- Refugee status
- Mental Health Issues correlated with psychosocial problems
Referral pathways

- **General hospitals** (Priority)
- Juvenile Public Prosecutor’s Office
- Court - appointed advocates for juvenile offenders
- Mental health units (daycenters, clinics, other shelters)
- Schools
- Community

*In respect to the requests for accommodation to PLOES shelters the operational procedure is defined and regulated by the Committee for the Management of Transition to Mental Health Units (in accordance to the Ministry of Health Circular with No ΑΔΑ:6ΟΘΚ465ΦΥΟ-Ο46 of 2021)*
Referral pathways

- Department of Social Welfare
- Department of Immigration
- Department of Education
- Department of Health
- Department of Justice

Psychosocial Program Ploes Epsyne
Reception flow

Child Protection Actor / community

Social Services

Juvenile Prosecutor

Mental Health Unit

Day Center

Ploes Shelters

Other Child Protection Agency
Individual PPSI

- Designed by an Interdisciplinary team (consists of a psychologist, social worker and/or educator, health visitor, care providers)
- Focus group of professionals per case / Reference Person (Focal Point)
  - Outreach for family resources and other supportive networks
  - Family counselling and social support

Follow up Plan of Intervention (FPI)

- In collaboration with Local Social Services, Juvenile Public Prosecutors Office
  - Provide continuity of care per case (2 - 5 years)
    - Initiates after the adolescents’ return to their families or the referral to other shelter/institutional unit
Fields of Intervention (2)

**Cultural intervention**

- Cultural labs and activities for social inclusion and interaction

**Community Based Work**

- **Local Schools**
  - Collaboration with local non-formal education actors
  - Collaboration with local businesses (provision of vocational training and occupational preparation)
Integration through Culture

**Library**
- Creation of a Teenage and Youth Lending Library

**Culture Labs**
- Film-making (Video Clip), Theater, Dance
- STEM, Graphic Design, Graffiti
- Music Production, Video Game

**Seminars**
- Health Promotion, Vocational Training

**External Activities**
- Cinema, Museums, Exhibitions, Concerts
- Sports, Day tours, Summer Camps and Excursions
Pillars/ Lines of Action

1. Working with **poor and vulnerable families or children at risk**

2. **Collaborative Approach** to promote a viable integration/rehabilitation plan

3. **Creation of open spaces** where the teenagers can meet and socialize with peers, construction of a collective identity emerging from mutual participation

4. **Prevention of psychiatrization and social stigmatization** of minors and their families

6. Working considering their needs and **our limits**

7. Working **outside the offices**.
Thank you!

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