250 girls and women receive dignity kits and lessons on hygiene in Lóvua settlement.

On 20 October, the United Nations Population Fund (UNFPA) distributed 250 dignity kits to refugees in Lóvua Settlement in Angola, where there are currently more than 14,000 Congolese refugees.

Dignity kits, commonly known as “Godi” in Lóvua, contain hygiene supplies such as toothbrushes, toothpaste, shampoo, soap, sanitary pads and underclothes and are for women and girls of reproductive age. The duration of the kits depends on the user and family of the user. To aid UNFPA with the distribution, there is a team of 23 refugee UNFPA mobilisers such as Mama Marie-Claire.

Before the distribution, Mama Marie-Claire and Mama Marie Jose, two UNFPA mobilisers, deliver 20-minute lessons on the consequences of teenage pregnancy, an increasing concern in Lóvua, as well as female hygiene. This is important to avoid girls dropping used sanitary pads on the road instead of disposing them in the rubbish.

Figure 1. UNFPA mobiliser Monique gives a dignity kit to a refugee girl ©UNHCR/Omotola Akindipe

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