## Athens, 09.02.2018

## Minutes of the $34^{\text {th }}$ MHPSS Sub-Working Group at Babel Day Centre

Chaired by Nikos Gkionakis, Scientific Associate of Babel Day Centre

Participants: MsF, MdM, IFRC, HRC, WHO, 18 Ano, ADDMA, KETHEA MOSAIC, Solidarity Now, Hestia Hellas, OKANA, METAdrasi, ARSIS, Babel Day Centre

## Agenda:

- $4 W$ s updating
- Updates of the other WGs
- Discussion with representatives of OKANA, KETHEA and 18ANO
- AOB

| Updates | A meeting took place with the General Secretary for <br>  <br> Public Health, in which was discussed the existing <br> gaps on the provision of MHPSS services. Msf, IFRC, |
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| Praksis and Babel participated in the meeting. The GS <br> announced that a new regulation will be published <br> regarding AMKA in order to solve the current |  |
| challenges. |  |
| $\quad$Society of Social Psychiatry and Mental Health: In the <br> context of an agreement partnership with IRC, the |  |
| Society of Social Psychiatry and Mental Health <br> (SSP\&MH) provides services in a hostel and an after <br> school Day Center for Children (JRS-Arrupe) and a <br> Community Center (Velos), under the model of the |  |
| mixed mobile service: |  |


|  | Specifically: <br> 1. Individual speech and language therapy sessions to children and meetings with the children's parents. <br> 2. Individual counseling sessions to adults, children and adolescents. <br> 3. Art therapy individual sessions to children. <br> 4. Stress management group for women (facilitating by a therapist from SSPMH and one from IRC). <br> 5. Art therapy group (facilitating by a therapist from SSP\&MH and one from IRC). <br> 6. Multicultural exchanges group (facilitating by a therapist from SSPMH and one from IRC). <br> 7. Staff care to the staff involved in the specific services is offered. |
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| Staff Care sub-Working Group | - In the last meeting it was discussed the goals of the group for the next months. All the actors are to discuss within their organization the willingness and the ability to participate more actively in the WG, so that the goals of the WG could be planned. <br> - Next meeting of Staff Care sub working group will take place at $2^{\text {nd }}$ March at the premises of Babel Day Centre, 09.30-11.00 |
| Lessons Learned Document | - All the actors that want to participate in the LL on MHPSS 2016-2017 across Greece should inform IFRC's PSS Officer on Friday 9th January at the latest. |


| Discussion with representatives of OKANA, KETHEA and 18ANO | - 18ANO: conducts support groups for migrants. An individual can participate in the support groups and later be engaged in total rehabilitation programmes. Interpretation is a challenge, since professionals speak only English and French language and no interpreters are available. <br> - KETHEA MOSAIC: provides support to migrant and refugee drug addicts to help them on the path to recovery and social integration, as well as support to their families and partners. It works in close collaboration with METAdrasi regarding the interpretation; therefore language is not an obstacle in the provision of services. A mobile unit of KETHEA provides services in the sites of Malakasa, Ritsona, Thiva and Thermopiles since December in collaboration with IOM and the MoMP. <br> - OKANA: Reception Centres of OKANA don't provide any kind of interpretation that is the reason why refugees are not referred there. However, OKANA is willing to cooperate with NGOs in order to be able to provide treatment with pharmaceutical substitutes in refugees. <br> - The three organizations expressed their willingness to collaborate with the present NGOs regarding the issue of individuals with dual diagnosis and the increase of substance abuse. Capacity building among the actors is also to be discussed. Therefore, it was decided to be created a taskforce that will work on these issues. |
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| Agenda for next WG | $\bullet$ No items for the agenda have been discussed yet. |
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The next MHPSS WG meeting is going to take place on $23^{\text {rd }}$ of February at 09:30-11:00 at Babel Day Centre (72 I.Drosopoulou St.).

