

## HEALTH SERVICES FOR SYRIAN REFUGEES IN BEKAA

***What to do if you  
need to see a doctor  
or go to hospital  
and what you have  
to pay***



*The information contained in this brochure has been updated in  
September 2017*

For more information: [www.refugees-lebanon.org](http://www.refugees-lebanon.org)

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### **I am a Syrian refugee. Can I go to a doctor or a hospital in Lebanon?**

Yes. UNHCR provides health care services to registered refugees through its partners.

Registered Syrian refugees can see a doctor at a **Primary Health Care Centre (“PHCc”) or a Health Centre (“dispensary”)** for medical consultations, prescriptions, laboratory tests, immunizations, antenatal care and other reproductive health services, management of chronic diseases. You can also receive mental health treatment, including counseling and other psychological support services.

You should only go to hospital in a medical emergency.

If you need to see a doctor you should go to the PHCc, dispensaries that are listed at the end of this brochure. **If you go to another PHCc or dispensary they will charge you more for your treatment.**

In a medical emergency, call NEXtCARE Lebanon 01 504020 other phone numbers listed in this brochure will give you information about health and social support, if you are a victim of sexual assault or violence or for any other emergency.

### **What if I am an unregistered Syrian refugee/awaiting registration?**

Not registered Syrians have access to some subsidized health services and assistance at the PHCc listed in this brochure, for example free vaccinations for children. However, other PHCc or dispensaries may ask you equal contribution to health care treatment similar to Lebanese patients.

### **Is the Lebanese health system different from the Syrian health system?**

Yes. The Lebanese health system is very different from the Syrian health system. It is highly privatized and registered Syrian refugees have to pay a contribution towards their health care, in the same way that Lebanese do.

## IF YOU NEED TO SEE A DOCTOR

If you need to see a doctor, you should contact the PHCc or dispensary in advance to check if there is a doctor available that day and make an appointment. Check the list of PHCc or dispensaries below.

## DOCTOR'S FEES

When you go to see a doctor at a PHCc or a dispensary you will be charged between 3,000 LL – 5,000 LL for a consultation. UNHCR's partners pay the remainder of your consultation fees.

For laboratory and diagnostic tests, UNHCR covers up to 85% of the cost for children under 5 years old, elderly over 60 years old, pregnant women and other vulnerable individuals.

The remaining 15% of the cost must be paid by the patient. All other individuals are required to pay 100% of their medical costs. Please see the table below for more information.

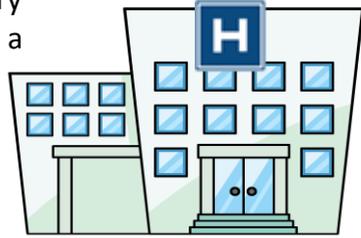
Service	What you pay
Vaccines	Free at all PHC centers and dispensaries
Consultation	3,000 – 5,000 LBP
Acute medications	Free
Chronic medications (diabetes, cardiac conditions, hypertension, asthma, epilepsy, etc.)	1,000 LBP per visit (handling fee)
Family planning (Insertion of IUD, pills, condoms)	Free
2 ultrasounds for pregnant women	Free
Dental care	Subsidised. Please refer to the PHC or dispensary for the exact costs.
Mental health services and medication	Free
Laboratory and diagnostic tests	15% of the cost for <ul style="list-style-type: none"> <li>▪ For children under 5 years</li> <li>▪ Persons over 60</li> <li>▪ Persons with disabilities</li> <li>▪ Pregnant women</li> </ul> 10% of the cost for those refugees with specific needs who cannot afford it. Other refugees will pay 100% of the cost of Laboratory and diagnostic tests.

## IF YOU NEED TO GO TO HOSPITAL

### What do I do if I need to go to hospital?

First, go to a PHCc or a dispensary before you go to hospital.

If a doctor in a PHCc or a dispensary recommends your admission to a hospital for inpatient care, you should obtain approval from **NEXtCARE** Lebanon which is UNHCR'S partner for Lebanon.



In a life-threatening emergency go straight to one of the hospitals listed on the back of this leaflet and then call **NEXtCARE** from the hospital, otherwise we cannot assist you financially with your medical bills.

**NEXtCARE** hotline is

**01 504020**

**24 hours 7/7**



### If I need to go to Hospital, will an ambulance take me?

The ambulance will take the patient to hospital only in life threatening situations or when the patient cannot travel in a seated position by car.

The Lebanese Red Cross provides ambulance services in Lebanon. The number to call is three digits **140**



## HOSPITAL FEES

### Will UNHCR pay my hospital bill?

UNHCR pays up to 75% of the total cost of the following hospital services only:

- Life-saving emergencies
- Giving birth
- Care for newborn babies

You will have to pay the remaining 25% of the cost. Please ask **NEXtCARE** you what would be your contribution part for the hospital bill.

If you receive any other hospital service, which is not approved by NEXtCARE you will have to pay the total cost of your hospital bill.

If you need a very expensive hospital treatment, (e.g. disc disease, open heart surgery), or elective medical interventions, UNHCR's Exceptional Care Committee must first approve treatment before it will agree to cover up to 75% of the cost.

The Committee will consider:

- The need for and adequacy of the suggested treatment
- The cost and the need for financial assistance
- Feasibility of the treatment plan and prognosis

You should go to the hospitals listed at the end of this brochure because you will have to pay more if you go to any other hospital. Remember to call **NEXtCARE** before admission to the hospital so we can assist you financially with your medical bills. We will not reimburse any payments you may have advanced.

### DOCUMENTS TO TAKE WITH YOU TO THE DOCTOR OR TO THE HOSPITAL

- A valid ID document OR
- Your UNHCR Registration Certificate ("UN Paper")

## PREGNANT WOMEN

### I am pregnant. What services and assistance can I get?

You can get pregnancy care at PHCc and dispensaries as well as two free ultrasounds. You will be provided with supplements needed for your and your baby's health.

If you are pregnant, you should go to a PHCc at least 4 times before you give birth. You should go to the PHCc that is closest to your address.

UNHCR covers up to 85% of the cost of laboratory and diagnostic tests and 4 consultations for pregnant women. You will also have access to breastfeeding and personal hygiene awareness sessions and access to free family planning services after you deliver your baby and one postnatal consultation.

In addition, UNHCR will cover 75% of the cost of your delivery.

When you are pregnant and you approach the PHCc for consultation you will be provided with a **Pregnant Card**. You **will have to keep it with you each time you come for a doctor's visit and when you come to the hospital to deliver your baby.**

During your pregnancy the doctor will prescribe you some supplements like calcium and iron. Don't forget to take them for your health and the health of your baby! Continue to take them as long as you are breastfeeding your baby. You will also need to visit your PHCc or dispensary one month after you give birth for post natal care to ensure your wellbeing.



بطاقة  
المرأة الحامل



معلومات شخصية:  
 رقم بطاقة الأم المتحدة: \_\_\_\_\_  
 الاسم الثلاثي: \_\_\_\_\_  
 اسم الزوج: \_\_\_\_\_  
 مكان الإقامة: \_\_\_\_\_  
 التاريخ الولادي: \_\_\_\_\_  
 عدد: \_\_\_\_\_

الجنسية: \_\_\_\_\_  
 تاريخ الولادة: \_\_\_\_\_  
 تاريخ الولادة: \_\_\_\_\_  
 رقم الهاتف: \_\_\_\_\_

عدد الحمل:   
 عدد الإجهاضات:   
 قيصرية:   
 النسل السليم: \_\_\_\_\_  
 تاريخ الحودبة شهرية: \_\_\_\_\_  
 طريقة الوضع المتوقعة: \_\_\_\_\_  
 نوعي الولادة القيصرية: \_\_\_\_\_  
 التاريخ الطبي: \_\_\_\_\_  
 سوابق طفوية: \_\_\_\_\_  
 أدوية مزمنة: \_\_\_\_\_  
 سوابق جراحية: \_\_\_\_\_

عدد الولادات (  المتكررة  عند الأوران )  
 عدد الحوامل الأحياء:   
 تشوهات خلقية:   
 التاريخ المتوقع للولادة: \_\_\_\_\_  
 طبيعية  قيصرية

حساسية:  كلا  نعم   
 اسم المركز الصحي: \_\_\_\_\_  
 التاريخ الوطني: \_\_\_\_\_

رقم رخصي	ملاحظات	فحص البول	الوزن	الضغط	الوزن	الارتفاع	الرقم	رقم	رقم
HB	الهيموغلوبين	سكر الدم	الجنين	خضاب الجنين	وزن الجنين	ارتفاع الرحم	رقم الجنين	رقم الجنين	رقم الجنين

Pregnant Card

## CHRONIC DISEASES

### Chronic disease such as diabetes, cardiac conditions, hypertension. Asthma, epilepsy, etc:

If you have a chronic disease such as diabetes, cardiac conditions, hypertension, asthma, epilepsy, you should go to see a doctor at a PHCc or a dispensary for chronic disease control.

Locate a PHCc from YMCA network near you and register. Visit regularly and the health center will provide you with the necessary medication every month. This will manage your chronic condition and prevent further health consequences.

### Chronic diseases such as cancer, thalassemia, etc:

UNHCR does not pay for chronic diseases that require repeated hospitalization, such as cancer, thalassemia or renal dialysis. If you have one of these conditions, you should go to see a Doctor at a PHCc or a dispensary to manage your condition.

In addition, UNHCR does not pay for the following treatments:

- High cost treatment when a less costly alternative treatment is equally effective and available
- Experimental, non-evidence based treatment
- Organ transplant
- Infertility treatment
- Cosmetic/plastic/reconstructive surgery
- Long term sustaining tertiary care such as treatment/rehabilitation of complications of chronic degenerative diseases, immunosuppressive treatment, new cases of hemodialysis (unless one time for life-saving), thalassemia treatment (except for life-saving blood transfusion), multiple sclerosis, etc.
- Conditions that can be treated at a PHC or dispensary
- End-Mid stage cancer (including surgery and chemotherapy)
- Long term treatment requiring nursing care

### PHYSICAL OR MENTAL DISABILITIES

#### **I have a disabled child/family member. What kind of support and services are available?**

UNHCR and partners will pay 85% of the cost of laboratory and diagnostic tests for patients with physical or mental disabilities. The remaining 15% of the cost will be paid by the patient.

Various community support services are available. Go to your nearest PHC or dispensary for a consultation and for more information.

Rehabilitation Institutions for persons with specific needs		
Area	Centre Name	Contact Number
North, Central & West Bekaa and Rachaya are covered. Services are provided both at fixed point centers in Baalbek and Aarsal (HI centers) and at home.	<sup>1</sup> Handicap International	7 <sup>9</sup> 101563
Baalbeck and Bar Elias	Lebanese Physical	71383949

suburbs

Handicap Union

<sup>1</sup> Services offered include physical and functional rehabilitation, caregivers training, mobility assistive devices, prosthesis and orthosis, psycho-social support services for rehabilitation beneficiaries, and wound kits provision.

## TUBERCULOSIS

### I have Tuberculosis. What should I do?

You should attend a Centre for Tuberculosis treatment. Treatment is available for free. UNHCR's partners will support you for laboratory and diagnostic tests. Your family can also be tested for free.

### Centres for Treatment of Tuberculosis in BEKAA

Area	Centre	Address	Phone	Opening hours
Hermel	Hermel Old Governmental Hospital	President Sabri Hamadeh Street First floor	08-201341	Call in advance
Zahle	Zahleh Central Dispensary	Near GSO Building facing Zahleh Gov Hospital old building	08-821511	8.00 - 13.00 Mon-Fri

## HIV

### I am HIV positive. What treatment, support and services are available?

If you require treatment, you must first contact UNHCR **health staff**, who will give you the necessary information and refer you to the National Centre for treatment. Treatment is free. Please request a confidential appointment with the UNHCR Office in Bekaa. You are not required to disclose information in order to seek an appointment

**All cases are treated with the strictest of confidentiality.**

### I think I might have been infected with HIV. What should I do?

If you suspect you have been infected with HIV, you should go immediately to the following center to receive care. It is important that you get preventative treatment as soon as possible, preferably within 24 hours of being infected:

<b>Voluntary Counselling and testing for HIV</b>	
<b>Centre</b>	<b>Phone</b>
Qab Elias PHC	08-500688
SIDC, Sin El Fil 1st Floor Daou Bldg., Youssef Karam Str., Sin El Fil ,Mount Lebanon	Tel/Fax: 01-482428, 01-480714
Hamadanieh PHC, Marej	
Hariri Hospital, Beirut, Jnah.	01-830000 (1067)
UNRWA PHC ,Bar Elias	08-514 304
Arab Society for Anti-Drugs and Addiction,Chtoura	-
Hawsh al Omara SDC, Zahle	-

## LEISHMANIASIS

### I have Leishmaniasis. What should I do?

If you have Leishmaniasis, you should seek treatment at one of the following hospitals: Medication for Leishmania treatment is for free from The Ministry of Public Health and UNHCR pays for your consultation fees. You must contribute only LBP 3000.

<b>Hospitals that treat Leishmaniasis</b>			
<b>Area</b>	<b>Hospital/Doctor</b>	<b>Telephone</b>	<b>Treating Hours</b>
Baalbeck	Baalbeck Governmental Hospital Dr. Farid al lakis	08-370470	Saturday ( 10 – 11 am)
Zahleh	Zahleh Governmental Hospital Elias Hrawi Dr. Souleiman El Mais	08-825601	Tuesday (9.00 -11am)

## VACCINATIONS FOR CHILDREN

### Can my child receive vaccinations in Lebanon? Where?

Yes. Vaccinations for children are provided **for free** by the Ministry of Public Health through the centers listed below. First dose vaccinations of polio, measles and Vit A are available for free at all UNHCR Reception Centers. Vaccines are essential to your child’s health and development and you should ensure your child receives all essential vaccinations using the vaccination schedule below:

<b>National Lebanese Vaccination Schedule</b>	
<b>Age</b>	<b>Vaccine</b>
At birth	Hepatitis B - First dose
2 months	IPV – First dose Pentavalent (diphtheria-pertussis-tetanus-hepatitis B-Hib) – First dose
4 months	OPV – Second dose Pentavalent vaccine (diphtheria-pertussis-tetanus-hepatitis B-Hib) – Second dose
6 months	OPV – Third dose Pentavalent vaccine (diphtheria- tetanus-pertussis-hepatitis B-Hib) – Third dose
9 months	Measles – zero dose
12 months	Measles, Mumps and Rubella (MMR) – First dose
18 months	OPV First booster dose Pentavalent vaccine (diphtheria- tetanus-pertussis-hepatitis B-Hib – First booster dose Measles, Mumps and Rubella (MMR) – Second dose
4-5 years	OPV – Second booster dose DTP (diphtheria-tetanus-pertussis)
10-12 years	OPV - Third booster dose DT (diphtheria-tetanus) – Third booster dose
16-18 years	OPV- Fourth booster dose DT (diphtheria-tetanus) – Fourth booster dose

## PHCc AND DISPENSARIES IN BEKAA

PHCc AND DISPENSARIES IN BEKAA						
PHC centre's name and address	Services				Phone number	Opening hours
	Health care	Social services	Mental and Psycho-social support	Dental care		
Abrar Medical Center, Ezeh (IMC)	✓		✓		08-563207	8 am - 3 pm  Every day except Friday
Rafic Hariri PHC, main street facing supermarket Zrein, Taanayel, Zahle(IMC)	✓		✓	✓	08-513320	8 am - 4 pm (Mon - Sat)
El Farouk PHC, Saadnayel (IMC)	✓			✓	08-505322	8 am - 5 pm (Mon - Sat)
MOSA center Baalbek, Ras el Ain street, Zgheib building next to Fransabank(IMC)	✓		✓		08-370891	8 am 3 pm  Mon – Fri
Laboue PHC MOPH, 250 meter from the principal road from the junction, Laboue, Aarsal, Baalbek (IMC)	✓		✓	✓	71-738938 03-837383 08-233655	8 am - 2 pm (Mon-Fri)
IHS (Islamic Health Care Society) Clinic, PHC, Ali el Nahri (IMC)	✓				03-930667 08-921885	8 am - 3 pm All week except Friday
Faour primary health care center (IMC)	✓				08955307	8 am - 3 pm All week except Friday
Bar elias PHC - Barelias (IMC , Humedica)	✓			✓	08-510018	8-am – 2pm Mon- Sat Except Friday until 11 am

Rihab Mahaba PHC, Zahle (Humedica)	✓				08/808991	Mon-Fri 8:am- 1:30pm
Dari Community Center (IMC) Balback		✓	✓		71577453	Mon-Fri 8:30am- 4:30pm
El Qaa PHC, next to Saint Elias Church, Qaa (MDM)	✓			✓	03-703193	9 am – 3 pm (Mon - Sat)
Qabb Elias PHC Center, Zahle (MDM)	✓		✓	✓	08-500688	8:30 am - 5 pm (Mon - Sat)
Rabitat Shabab Saadnayel, Saadnayel (MTI)	✓		✓	✓	08-508403 70020633	8am- 2 pm All Week
MSF clinic, Ed Daoura, El Hermel at 'Meeting Association for Human and Development Center'	✓				08-375036	8:30 am - 5pm (Mon, Tues & Wed)
MSF - Irchad clinic, Arsal, Baalbek	✓				08-375036	8:30am - 5 pm (Mon - Fri)
Mother and Child Care Center-Arsal (MSF)	✓				08-375036	Daily/24h
Medical center of Arsal PHC, Arsal	✓			✓	70257274	Daily 8:30am-3pm except Friday
New Arsal PHC, Arsal	✓			✓	03-786760	Daily 10am- 3pm except Friday
Medical cooperation of Arsal PHC, Arsal	✓			✓	76572147	Daily/24h
Al Amal Medical Center	✓		✓	✓	70307498	Daily 8:00am- 4:00pm except Friday
A'edon Dispensery	✓			✓	71617392	Daily 8:00am- 4:00pm except Friday

MSF clinic in Baalbeck (Chikan neighborhood)	✓				08-375036	8:30am - 5 pm (Mon - Thur)
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PHCc AND DISPENSARIES IN BEKAA						
PHC centre's name and address	Services				Phone number	Opening hours
	Health care	Social services	Mental and Psycho-social support	Dental care		
MSF clinic in Majdel Anjar- Masnaa Main Road behind Charisma for Ceramic	✓		✓		08-375036	8.30am - 5 pm (Mon - Fri)
Mother and Child Care Center- Majdel Anjar (MSF)	✓				08-375036	Daily/24h
MSF NCD Care Centre (Chronic disease care), at URDA Medical Village, Al Awdi Camp, Bar Elias	✓					8 am - 3 pm
El Ain PHC, El Ain- Principal Road, Baalbek, near Abou Nour Foundation (AMEL/MDM)	✓	✓	✓		08-233188	8 am - 2 pm (Mon - Sat)
Arsal PHC, Principal Road, Baalbek, near Montaha Pharmacy (AMEL)	✓	✓	✓	✓	08-240413	8 am – 2 pm (Mon - Fri)
Kamed el Loz PHCC, West Bekaa, near Fares Galery (AMEL/MDM)	✓	✓	✓		03-814903	10 am – 4 pm (Mon - Sat)
WAHA Specialized Pediatric Polyclinic , Zahle Near Zahle Governmental Hospital	✓				76/546852	8:30am-2 pm (Mon - Fri)
Shmestar PHC, Public square near the mosque (Amel)	✓				08-330138	8 am – 2 pm (Mon - Sat)
Machgara PHC, Principal road, West Bekaa (AMEL)	✓	✓		✓	08-651703	8 am – 2 pm (Mon - Sat)
MOSA center Zahle, Hawch El Omara Near Lebanese University- faculty of literature (FSPC and MdM)			✓		08- 815100 08- 815101 08- 815102	8 am – 3 pm (Mon – Fri)
MOSA center Kab-Elias (Medair)	✓	✓			08501334	8 am – 3 pm (Mon – Fri)

MOSA center Jeb Janine, main road (Medair)	✓	✓		✓	08-660650	8 am – 3 pm (Mon – Fri)
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PHCc AND DISPENSARIES IN BEKAA						
PHC centre's name and address	Services				Phone number	Opening hours
	Health care	Social services	Mental and Psycho-social support	Dental care		
MOSA center, Talya (Medair)	✓	✓			08-345900	8 am – 3 pm (Mon – Fri)
MOSA center, El Marj, near Municipality (Medair)	✓	✓		✓	03-782324	8 am – 3 pm (Mon – Fri)
MOSA center, Brital (Medair)	✓	✓		✓	08340601	8 am – 3 pm (Mon – Fri)
MOSA center, kfar Zabad, (Medair)	✓	✓				8 am – 3 pm (Mon – Fri)
MOSA center, Rafid, (Medair)	✓	✓		✓	08-560365	8 am – 3 pm (Mon – Fri)
Hayat PHC Rafid, Kfardines junction	✓	✓		✓	01 060041	8:30 – 2:30 pm (Mon- Sat)
Girath al Khayer –Majdel Anjar- - Akramiyeh Junction- near Abdul Rahman Eben Aouf Mosque	✓	✓		✓	08-622789	8 am - 2 pm (Mon - Thurs) 8 - 11 am (Fri) 8 - 2 pm (Sat)
Malta PHC, Kfraya	✓	✓		✓	08645198	8 am – 2 pm Mom-Fri 8am – 12pm Sat
Intersos Community Center Rachaya		✓	✓		٧٠٠٠٦٦٤٠	Mon-Fri 08:00-16:30

PHCc AND DISPENSARIES IN BEKAA						
PHC centre's name and address	Services				Phone number	Opening hours
	Health care	Social services	Mental and Psycho-social support	Dental care		

Humanitarian Relief Charity Dispensary- Barelias , main road near Ayash center	✓	✓		✓	71018610	Daily 8am-4pm except Friday 9am-2pm
AMEL mobile clinic in Baalbek area (Ras Baalbek, Fakehe, Jdaide, , Nabi Osmane, , Bejjaje, , El Tall, El Zira, , El Soghra	✓	✓			08-325141 03-064851 70-275640	Mon-Friday 8am-2pm
Amel Mobile Clinic in West Bekaa (Sohmor, Qaroun, Baaloul, Ahmadeyye, Qatrani)	✓	✓			08651703	Tues-Saturday 8 am-1 pm
Amel Mobile Clinic in West Bekaa and Rachayya ( Manara, Mansura, Rafid, Sawiri, Kherbet Ruha, Mdukha, Daher Al-Ahmar, Luci)	✓	✓			08663086	Mon-Friday 8am-2pm
Beyond Mobile Clinic	✓				70 129947	Monday-Sunday 9:00-14:00
CARITAS PHC, Hawch El Omara-Zahle- Clinic Dr Joseph Hrawi before- Near Saint Elias Church	✓	✓		✓	08-806291	Monday till Friday: 8am-2pm
SALAMA, Zahle Karak- Panda Plast Building	✓				08/804228	Tuesday 9am, 3pm Thursday 9am-11am Friday 9am-11am
Vision Association for Development, Rehabilitation and care Pediatric Care (WAHA) Ghazzeh	✓			✓	08-640122	Monday till Saturday: 8am-3pm
Humedica (Zahle Hawch Omara, Moallaka Aradi, Faida , Saadnayel, Terbol, Dalhamiyeh, Qabb Elias, Hawch Qayssar, Bar Elias)	✓		✓		78-953755	First round: 9am-12pm Second round: 1pm-4pm
LRC MMU ( Balback, Hermel, Qabelias)	✓		✓		70-523971	Monday- Friday 8am-2pm
Malte MMU (Joub Janine-Ghazzeh-Kherbet Kanafar-Aana-Beb Mereh-Aytanit-Tannoura)	✓				٠٨-٦٤٠١٩٨	Monday- Friday 9am-1pm

## CONTACT NUMBERS AND HOTLINES OF PARTNERS

### Hotline for Counseling and Protection

Protection Hotline- United Nations High Commissioner for refugees ( <b>UNHCR</b> )	Counseling: ٠٨-٩٣٠٤٦٨ Protection: ٧٦-٦١١٨١١
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For medical emergency in Lebanon, call **NEXtCARE Hotline on 01 504020**. There are other hotlines available as indicated below.



Please ask for the Services Notes for contact numbers for NGOs and partners providing other services for Syrian refugees in Bekaa.

Area	Partner	Hotline
<b>Bekaa</b>	<b>NEXtCARE</b> for hospitalization <b>24 hours 7/7</b>	<b>01 504020</b>
	International Medical Corps (for Primary health care )	<b>08-541940</b>
	International Medical Corps (for mental health care )	West and central Bekaa: <b>76594967</b> North Bekaa: <b>71-890271</b>
	Restart Centre	<b>76-708083</b>

## HOSPITALS IN BEKAA

Hospitals	Address	Phone number
Zahle Governmental Hospital	Zahleh	08-825601
Rachaya Governmental	Rachaya- El Aakabeh	08-591503/4
Baalbeck Governmental Hospital	Baalbeck, Ras El Ain	08-370470

Hamed Farhat Hospital (In addition to cardiac Cases)	Jeb Jennine	08-660101 03-959279
Doctors Hospital	El Manara	08-563101
Bekaa Hospital( In addition to cardiac cases)	Taalabaya	08-543150
Chtaura Hospital	Chtaura	08-544022
Rayak Hospital( In addition to cardiac cases)	Rayak	08-901300 /1/2/3/4/5
Tamnine General Hospital	Tamnine El Tahta	08-912444
Al Rayan Hospital (In addition to cardiac cases)	Main road, Charaouneh area- Baalbeck	08-374182
Al Mortada Hospital	Baalbeck-Douris	08-377880
Hermel Governmental Hospital	Hermel	08-225312

**Very Important!!!!**

**After having a baby, it is recommended to wait at least 3 years before getting pregnant again.**

**If you do this, your newborn baby is less likely to die or be born too early and you will all be healthier.**

**Do not put at risk the health of the child and the mother.**

**Go to the nearest health center for family planning counselling.**

## HOW REGISTERED REFUGEES ACCESS MEDICAL TREATMENT IN LEBANON

### STEP 1

Contact a Primary Health Center or dispensary to see a doctor.



### STEP 2

If your doctor says you need to go to the hospital, contact NEXtCARE Lebanon.



In a life-threatening emergency you can go straight to a Hospital but remember to contact NEXtCARE hotline on:  
**01 504020**  
**24 hours 7/7**

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من الشعب الياباني  
From the People of Japan

من الشعب البريطاني  
UKaid