### Analysis of Suicide Incidents

**broken down by age and sex**

**Reporting period**: 1/1/2023 - 8/31/2023

#### Total incidents by month, Jan - Aug/2023

- **January**: 25 attempted suicide, 2 death by suicide
- **February**: 21 attempted suicide, 1 death by suicide
- **March**: 27 attempted suicide, 2 death by suicide
- **April**: 18 attempted suicide, 2 death by suicide
- **May**: 16 attempted suicide, 10 death by suicide
- **June**: 20 attempted suicide, 3 death by suicide
- **July**: 16 attempted suicide, 8 death by suicide
- **August**: 10 attempted suicide, 2 death by suicide

#### Trend of attempted and completed suicide, 2018-2023

- **2018**: 60 attempted suicide, 17 death by suicide, 5 attempted suicide
- **2019**: 169 attempted suicide, 35 death by suicide, 16 attempted suicide
- **2020**: 332 attempted suicide, 60 death by suicide, 22 attempted suicide
- **2021**: 309 attempted suicide, 260 death by suicide, 54 attempted suicide
- **2022**: 260 attempted suicide, 129 death by suicide, 37 attempted suicide
- **2023**: 170 attempted suicide, 170 death by suicide, 54 attempted suicide

#### Summary of 2023 incidents by type

- **Attempted suicide**: 153
- **Death by suicide**: 35
- **Repeat suicide attempt**: 17

#### Summary of 2023 incidents by type and nationality

- **Refugee**: 137 attempted suicide, 25 death by suicide, 14 repeat suicide attempt
- **Ugandan national**: 16 attempted suicide, 2 death by suicide, 3 repeat suicide attempt

#### Type of incident by Gender

- **Female**: 41% attempted suicide, 59% death by suicide
- **Male**: 41% attempted suicide, 59% death by suicide

#### Type of incident by average age of victim

- **Attempted suicide**: 153
- **Death by suicide**: 35
- **Repeat suicide attempt**: 17

#### Method used

- **Hanging by rope**: 118
- **Poison: pesticides, hair dyes, poisons**: 50
- **Drug overdose: ARVs, herbal concoctions**: 28
- **Other (please specify)**: 4
- **Fire: setting self on fire**: 3
- **Drowning**: 2

#### Triggers for suicidal ideation

- **Family disagreements**: 59
- **Lack of basic needs**: 39
- **Financial problems**: 30
- **Domestic violence**: 29
- **Previous mental illness**: 28
- **Abandonment by spouse**: 25
- **Substance abuse**: 20
- **Arguments over money**: 15
- **No clear reason**: 13
- **Community stigmatisation**: 6
- **Forced marriage**: 4

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**Data**: UNHCR/MHPSS Partners  
**Author**: UNHCR Representation in Uganda  
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**For more info, please visit**: www.ugandarefugees.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Attempted suicide</th>
<th>Death by suicide</th>
<th>Repeat suicide attempt</th>
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<tbody>
<tr>
<td>Adjumani</td>
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<tr>
<td>Bidibidi</td>
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</table>

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