



# Moldova MHPSS TRG



## May 16 MHPSS TRG.mp4

WHO, IOM, Family Federation, WVI, DORCAS, HIAS, INTERSOS, HelpAge, DRC, ORF



Members Present



Meeting Agenda



Partner Updates



TRG Updates

14:00-14:05	Welcome
14:05-14:10	Agenda, follow-up items from last meeting
14:10-14:30	<u>Updates:</u> Ministries, UN organizations, INGOs/NGOs, and other WG members are invited to share any relevant updates (e.g. <i>events, challenges, developments, etc.</i> )
14:30 - 15:00	<u>Presentations:</u> •Olympic Refuge Foundation: Sports and MHPSS •World Vision International: Moldova Projects and Activities
15:00 – 15:30	<u>Discussion Items</u> •New restrictions regarding the right to stay and work in Moldova for refugees from Ukraine •Upcoming PM+ Training •MHPSS TRG Focal Point Retreat/ Planning
15:30-16:00	Announcements/ AOB/Coffee Corner

**IOM:** Number of refugees present in the RACS has decreased, There are currently only 3 persons accessing services at the center for trafficking. Number of people in the center for elderly and people with disabilities has also decreased. IOM is exploring possibility of providing some MHPSS activities at Constructorilor RAC where there are currently more than 100 people residing. There has been an increase in people utilizing/ requesting psychiatric services, also increased number of refugees requested sheltered housing (with specialized services). Partners are also reminded that hard copies of the Community-based Mental Health guide is available in three languages and contains very useful information and activities. Over 500 hard copies are available for distribution so please contact [vnazaria@iom.int](mailto:vnazaria@iom.int) to get a copy. See link below to view contents of electronic copy

**Family Federation:** Activities are ongoing at Sunflower Center, including art therapy sessions, parent support, etc.

**WVI:** Education projects are ongoing. Currently accepting nominations for the PM+ training to be conducted June 5-9 (*to be discussed further under discussion points*)

### Inter-agency MHPSS Capacity Building:

**Problem Management Plus (PM+):** A pilot PM+ workshop will be rolled out by WVI (in coordination with WHO and MENSANA), and 9 seats have been made available to TRG partners. The workshop is designed to build/ strengthen skills of frontline workers to address needs of people experiencing common problems. The workshop will take place over 5 days, followed by ongoing weekly supervision by WVI. A follow-up 3-day supervision workshop will be announced in the future for this same cohort to further develop their skills. The selection process is currently under way and the link has been shared with all TRG partners.

**Focus Group Discussions:** In this is a joint-initiative between WHO and IOM, twelve FGDs will be conducted in 6 sites in Moldova; the goal is to investigate perceptions and attitudes of refugees about mental health, stigma, and to identify culturally relevant, preferred MHPSS interventions. The first two FGDs were conducted last week, and the remainder will be completed by June 15. The resulting report will be shared with all partners

**Situational Assessment:** TOR is still under internal review. A meeting with MoH MHPSS Focal Point is pending to further refine the scope.

# Moldova MHPSS TRG

## Meeting Minutes

16 May 2023



Presentations



Discussion Points



Follow-up items



Useful Links

**Olympic Refuge Foundation: Sports and MHPSS:** The representatives provided a description of ORF's ongoing MHPSS activities, and presented key findings from research that supports benefits of physical activity and mental health. They also discussed "PFA Sports" workshops that they have been implementing in the region, highlighting changes that were noted among participants after completing training. ORF is interested in continuing to refine their approach and scale up activities and hopes to return to Moldova soon. They are looking for partners (e.g. sport clubs, coaches, MHPSS professionals, etc.) who would like to coordinate further and increase/ expand/ strengthen linkages between physical activities and MHPSS programming. *(Please see recording of full presentation).*

**World Vision:** Provided an overview of mission and objectives, guiding principles, all activities, implementing partners (and expectations/ standards), implementation locations, etc. *(Please see recording of full presentation).*

**New restrictions regarding the right to stay and work in Moldova for refugees from Ukraine.** On the 10th of May, the Commission for Exceptional Situations abrogated (repealed) several provisions of previous decisions regarding the right to stay, the right of temporary residence and the right to work for the refugees who have not applied for a form of protection. Beginning the 15th of May, refugees who have not applied for a form of protection have the right to legally stay in Moldova for only 90 days. This also impacts the right to work (without TP, refugees must obtain a temporary residence to keep on working). Partners are encouraged to work with refugees to make sure they understand benefits of registering and risks of not registering, and also to help them access registration portals as needed.

**MHPSS TRG Focal Point Retreat/ Planning:** The Co-Chair reported that - pursuant to the last meeting – planning for the MHPSS TRG Focal Point Retreat were underway. A survey was distributed so partners could identify preferences for such a workshop. The survey is quick and focuses on desired objectives, duration, preferred date(s), roles, etc. Please complete ASAP; the retreat will most likely take place the first week of July.

**Special Days:** Throughout the year, there are several "special days" that take place to bring attention to different mental health issues. These include: "World Suicide Prevention Day" (10 September 2023), "World Mental Health Day" (10 October 2023), "International Self-Care Day" (24 July), and "International Day Of Persons With Disabilities" (December 3). The recommendation was made to consider these days and plan activities around them to increase awareness. It was also suggested to plan joint TRG activities for these events.

Action	Responsible Party	Due date
PM+ Training (WVI for TRG partners): Selection, notification of participants	WVI/ WHO/ MENSANA	May 24, 2023
PM+ Training: conduct workshop	WVI/ WHO/ MENSANA	June 5-9, 2023
Administer planning survey for MHPSS TRG Focal Point Retreat; analyze results	Co-Chairs with TRG partners	May 16, 2023
Situational Analysis/ Needs Assessment – Complete Internal Review of TOR	WHO	June 1, 2023
Focus Group Discussions with Ukrainian Refugees: Data collection	WHO/IOM	June 15, 2023

[May 16, 2023 Meeting Materials](#)

[Moldova MTRG MHPSS](#)

Find IOM's Community Based MHPSS Manual (in Russian, Romanian, English, etc.) here: <https://www.iom.int/mhpsed>