GRADUATING TO RESILIENCE
Graduating to Resilience Activity Overview

**Goal:** Graduate extremely poor refugee and Ugandan households in Kamwenge District from conditions of food insecurity and fragile livelihoods to self-reliance and resilience

**Period:** 7 years (Oct 1, 2017 - Sept 30, 2024) in two cohorts

**Participants:** 13,829 women and youth as primary participants
  - Cohort 1: 6,629 primary participants (Active 5,199)
  - Cohort 2: 7,051 primary participants

**Budget:** $36.7 million

**Implementer:** AVSI Foundation in a consortium with Trickle Up and American Institutes for Research (AIR)

**External evaluator:** Innovations for Poverty Action (IPA) conducting an RCT to measure impact and cost-effectiveness of the graduation model
Graduation Approach – Sequencing

1. Coaching
2. Linkage and Referrals
3. Savings and Financial Inclusion
4. Consumption Support
5. Livelihood Skills Training and Support
6. Asset Transfer

Cohort 2: Feb 2022

Start → Month 3 → Month 6 → Month 12 (1 Year) → Month 24 (2 Years) → Month 30 (2.5 Years)

Jan 2023 → Jan 2024
### Graduation Components and Structure – Cohort 1

<table>
<thead>
<tr>
<th>PROGRAM COMPONENT</th>
<th>ARM 1 STANDARD GRADUATION</th>
<th>ARM 2 GROUP COACHING</th>
<th>ARM 3 EMPOWERMENT MODEL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consumption Support</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Livelihood Skills Training and Support</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Savings and Financial Inclusion</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Asset Transfer</td>
<td>●</td>
<td>●</td>
<td></td>
</tr>
<tr>
<td>Coaching</td>
<td><strong>INDIVIDUAL</strong></td>
<td><strong>GROUP</strong></td>
<td><strong>INDIVIDUAL</strong></td>
</tr>
<tr>
<td>Linkage and Referrals</td>
<td>●</td>
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</tr>
</tbody>
</table>

- **1,571 USD**
- **1,428 USD Best in CBA**
- **1,279 USD**
Graduation Progress Over Time (Cohort 1)

3: October - December 2019
- Graduation: 296
- Progression: 503
- Never Met: 353
- Missing: 1,497
- Dropouts: 2,732

4: January - March 2020
- Graduation: 532
- Progression: 160
- Never Met: 31%
- Missing: 766
- Dropouts: 1,197

5: July - September 2020
- Graduation: 89
- Progression: 16%
- Never Met: 357
- Missing: 1,768
- Dropouts: 2,863

6: October - December 2020
- Graduation: 290
- Progression: 202
- Never Met: 5%
- Missing: 1,082
- Dropouts: 1,180

7: January - March 2021
- Graduation: 217
- Progression: 36%
- Never Met: 23%
- Missing: 1,082
- Dropouts: 1,082

8: April - June 2021
- Graduation: 170
- Progression: 5%
- Never Met: 5%
- Missing: 217
- Dropouts: 1,082
### Summary of Cohort 1 Graduation Results

<table>
<thead>
<tr>
<th>Stage</th>
<th>Definition</th>
<th>Host</th>
<th>Refugee</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td># HHs</td>
<td>% HHs</td>
<td># HHs</td>
</tr>
<tr>
<td>Graduation</td>
<td>Met the criteria at least three times consecutively</td>
<td>1758</td>
<td>73%</td>
<td>1746</td>
</tr>
<tr>
<td>Progression</td>
<td>Household is working towards graduation but has yet to meet all criteria three times consecutively.</td>
<td>536</td>
<td>22%</td>
<td>546</td>
</tr>
<tr>
<td>Never Met</td>
<td>Never met grad criteria</td>
<td>126</td>
<td>5%</td>
<td>91</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>2420</td>
<td>100%</td>
<td>2383</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sub-Stage</th>
<th>Definition</th>
<th>Arm 1</th>
<th>Arm 2</th>
<th>Arm 3</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Arm 1</td>
<td>Arm 2</td>
<td>Arm 3</td>
<td>Arm 3</td>
</tr>
<tr>
<td></td>
<td></td>
<td># HHs</td>
<td>% HHs</td>
<td># HHs</td>
<td>% HHs</td>
</tr>
<tr>
<td>Graduation</td>
<td>Met the criteria at least three times consecutively</td>
<td>1244</td>
<td>76%</td>
<td>1160</td>
<td>74%</td>
</tr>
<tr>
<td>Progression</td>
<td>Household is working towards graduation but has yet to meet all criteria three times consecutively.</td>
<td>309</td>
<td>19%</td>
<td>370</td>
<td>23%</td>
</tr>
<tr>
<td>Never Met</td>
<td>Never met grad criteria</td>
<td>78</td>
<td>5%</td>
<td>46</td>
<td>3%</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>1631</td>
<td>100%</td>
<td>1576</td>
<td>100%</td>
</tr>
</tbody>
</table>
Overall significantly positive results for all treatment groups compared to the control groups.
Resilience follow up – 18 months Post-Graduation Status

Graduated Households (73%)

<table>
<thead>
<tr>
<th></th>
<th>Met the Criteria</th>
<th>Never met the criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Host</td>
<td>72% (1,120)</td>
<td>28% (444)</td>
</tr>
<tr>
<td>Refugee</td>
<td>51% (792)</td>
<td>49% (778)</td>
</tr>
<tr>
<td>Grand Total</td>
<td>61% (1,912)</td>
<td>39% (1,222)</td>
</tr>
</tbody>
</table>

Graduated Households: 73%
Animation

(1406) Graduating to Resilience Animation Video - YouTube
Lessons - Impacting Graduation Program Designs and adapted within Cohort 2

• **Group coaching** is effective – promotes social cohesion/peer support BUT an additional household level touch point is helpful for observation and tailored support

• Most Significant Activities identified by participants – **coaching, savings, asset transfer** in a graduation approach type program

• **Family/household approach** – an inclusive way of working with an entire family while addressing women and youth needs

• **Refugees** might take longer to graduate compared to Host (18-24 months might be enough for host but refugees might need 24-30 months)

• **Drop out** will happen! Plan for this (about 22%) @Cohort 2 only

• **5% drop out at month 13/24**

• **Adaptive Learning** and the use of evidence for decision making is critical

• **Digital Tools and products** can be leveraged for better delivery at scale and to leverage impacts – Markets, connections, efficacy
### Graduating to Resilience Cohort 2

<table>
<thead>
<tr>
<th>Program Component</th>
<th>Arm 1: Group coaching Model</th>
<th>Arm 2: Group Coaching Model + Mental Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consumption Support</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Livelihood Skills Training and Support</td>
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<tr>
<td>Asset Transfer</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Coaching</td>
<td>Group</td>
<td>Group</td>
</tr>
<tr>
<td>Linkages and Referrals</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Interpersonal Group-based Therapy</td>
<td></td>
<td>●</td>
</tr>
</tbody>
</table>
Graduation Progress Over Time (Cohort 2)

Cohort 2: Graduation Progress Over Time

Jan-March 2022: 26 (92% Graduation, 8% Dropouts, 3% Missing)
April-June 2022: 127 (66% Graduation, 34% Dropouts, 3% Missing)
July-Sept 2022: 72 (30% Graduation, 70% Dropouts, 3% Missing)
Oct-Dec 2022: 28 (14% Graduation, 86% Dropouts, 7% Missing)
Jan-March 2023: 276 (37% Graduation, 63% Dropouts, 1% Missing)

Progression:
- Jan-March 2022: 6,065
- April-June 2022: 4,318
- July-Sept 2022: 1,908
- Oct-Dec 2022: 852
- Jan-March 2023: 447

Graduation:
- Jan-March 2022: 499
- April-June 2022: 2,221
- July-Sept 2022: 211
- Oct-Dec 2022: 1,479
- Jan-March 2023: 3,343

Dropouts:
- Jan-March 2022: 499
- April-June 2022: 2,221
- July-Sept 2022: 211
- Oct-Dec 2022: 1,479
- Jan-March 2023: 3,343

Missing:
- Jan-March 2022: 22
- April-June 2022: 3
- July-Sept 2022: 3
- Oct-Dec 2022: 3
- Jan-March 2023: 3

Never met:
- Jan-March 2022: 22
- April-June 2022: 3
- July-Sept 2022: 3
- Oct-Dec 2022: 3
- Jan-March 2023: 3
Adaptations - Scale Up and other designs

- Participant reach: Cost effectiveness based on working within a single settlement – targeting everyone (90% of participants)

- Potential Graduation Rates: 73-85%

- Optimum Graduation Timing: 24 months - Inclusive of Refugees and Host

- Consumption Support: considerations for reduction to 8 months (5 USD per person per month for 5 people) 200 USD instead of 300 USD (savings of 100 USD)

- Cost per Household: $1,000 – 1,100 USD - Viable for 24 months

- Coaching: Group coaching: 1 coach to 100 Households. Use a “buddy”, Use a structured curriculum

- Market systems development: Targeted engagements with MSD actors towards leveraging support, reducing costs, and increasing sustainability and scale

- Spill over possible especially in the area of food security and among host communities

- Measurement of long-term resilience: 1 year post graduation – Results show (61% Resilience and 72%H and 52% R)
- Positive evidence supporting psychosocial support activity embedding in coaching – Added to coaching topics
- Cognitive and social emotional growth of children is not automatic – Additions to be made to ECD and Parenting
Project Title: Sustainable Market Inclusive Livelihood Pathways to Self-Reliance (SMILES)

Funding Partner: IKEA Foundation

Budget: 25 million Euro

Duration: 5 years (1st November, 2022 to 31st October, 2027)

Target:
14,000 Households (70,000 People)
(50% refugees and 50% host community)

Location:
1. Kyaka II Settlement, Kyegegwa District.
2. Kyangwali Settlement, Kikuube District.

Sectors:
- Economic recovery and livelihoods
- Agriculture
- Environment and energy
- Food security and nutrition
- Protection

Partners:
AVSI
UNHCR
IPA
REPARLE
DAI
Project Approach

GRADUATION
• Coaching
• Savings
• Consumption support
• Technical skills
  • Agronomy
  • Financial Literacy,
  • Business planning
• Asset transfer (apprenticeship)
• Business coaching
• Referrals
• Linkages
Project Components

Sustainable Market Inclusive Livelihood Pathways to Self-Reliance Sequencing Diagram

- Extreme Poverty
- Linkage
- Core technical skills
- Consumption smoothing
- Savings
- Referrals
- Coaching

Targeting

Activity Start Post co-creation
Nov 22 – Jun 23

Jul- Sep 23
FY 2023 Months 1 to 3
FY 2023 Months 4 to 6
FY 2024 Months 7 to 9
FY 2024 Months 10 to 12
FY 2024 Months 13 to 15
FY 2025 Months 16 to 24

24 months timeline for cohort 1 participants

Market Systems Development and Graduation Approach
Graduation Approach

Self Reliance
Graduation
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